HAVERLING 2021-2022 WINTER SPORTS PRE-SEASON MEETING



ATHLETIC HANDBOOK

Bath Central School District

Interscholastic Athletics Handbook



for

Students and Parents

ATTENDANCE POLICY - OVERVIEW

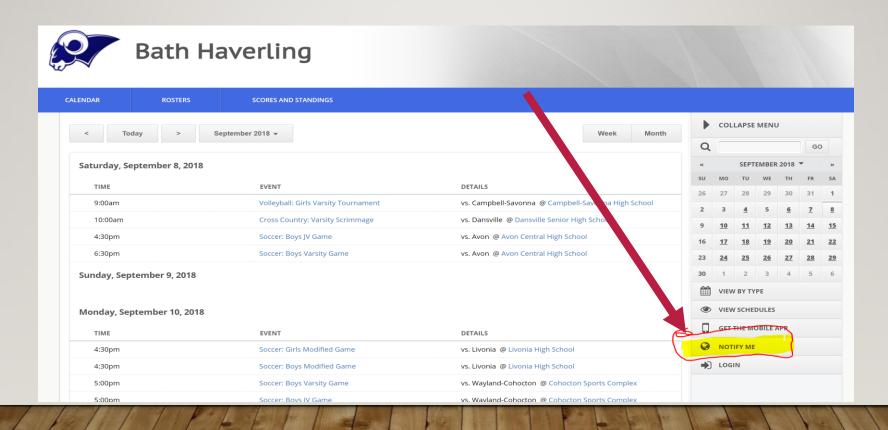
- A. Arrival after 10:00 AM on in person days and 1:00PM (student check in) when on remote days, makes an athlete ineligible for practices & contests
- B. Tardy = coming in late, but before 10:00 AM
- C. Second Tardy and beyond = ineligible that day for practices & contests
- D. At this point, with everyone being in session, there is no remote attendance!
- E. Excused for illness = ineligible that day for practices & contests
- F. Absent from school = ineligible that day for practices & contests

ACADEMIC POLICY - OVERVIEW

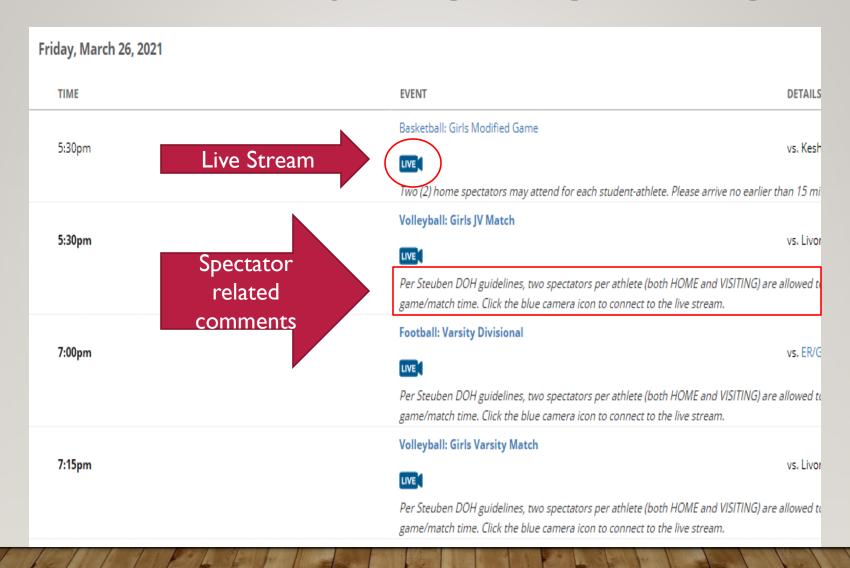
- Athletes receiving lack of effort referrals and/or failing grades at the end of a marking period, will be placed in Athletic Study Hall. This will be done on a case-by-case basis based on student schedule, available transportation, etc.
- Athletes not improving in their classes that had lack of effort referrals will cause the athlete to become Ineligible.
- Important to read pages 13 and 14 in Athletic Handbook

ATHLETIC CALENDAR

Sign up for Notify Me (Very Important During Winter Season with Weather)



EVENT SPECIFIC INFO



SPECTATORS

As it is currently, we will not have limits on spectators at home events. As we are well aware this is a very fluid situation that may change on a moments notice. This could be different at other schools as we progress through the season.

Pay close attention the athletic calendar as well post comments with upto-date information as it becomes known.

All spectators, players, coaches and officials for indoor sports MUST wear a facemask over their mouth and nose the entire time. This is regardless of vaccination status.

TRANSPORTATION

All Athletes are Expected to Ride to and from all Contest on School Provided Transportation

If you do want to take your son/daughter home with you after a contest you will need to see the coach to sign them out.

If you want your son/daughter to be able to ride home with another <u>adult</u> there is a <u>form</u> (on the athletic department pages on the school's website) that needs to be filled out <u>ahead</u> of time and then given to the coach at the game.

BUS EXPECTATIONS

In order to ensure safe bus trips to our away contests, all athletes need to:

- Stay in your seats and face forward at all times.
 This includes staying out of the isles while the bus is in motion.
- Keep your volume down. There should be no loud yelling or conversations that could distract the driver.
- Not use flash photography as this is a distraction for the driver.

BUS EXPECTATIONS CON'T

In order to ensure safe bus trips to our away contests, all athletes need to:

- Throw out all of your trash when exiting the bus.
- Respect the driver. Their number one goal is getting you to and from events safely.
- Sit one per seat
- Athletes and coach MUST wear your mask throughout the trip

CHAIN OF COMMAND

10 Communication with athletes, parents, administration, Athletic Director, and coaches is vital to the success of all athletic programs.

During the course of the season, concerns arise. The following communication process should be followed:

- Player arranges meeting with coach
- 2. Parent arranges meeting with coach
- 3. Parent arranges meeting with Athletic Director
- 4. Parent arranges meeting with Athletic Director and Principal
- 5. Parent arranges meeting with the Superintendent.

Page 13-Athletic Handbook

CONCUSSION MANAGEMENT

2.9 All athletes with suspected concussions will be referred to a physician for a post-injury medical evaluation to rule-out more serious intracranial pathology and neuropsychological examination. The return to play protocol will be implemented, only upon clearance by the school physician. The school physician will base his decision on documentation provided by the school nurse (which may include additional ImPACT results) and/or from the student's personal physician. If there are still questions or concerns, an in person exam/interview may be required.

Return to play will follow the following stepwise protocol (generally 24 hours in between protocol phases):

- Light aerobic exercise such as walking or stationary bicycling; no resistance training.
- 2. Sport-specific exercises (ex: skating for hockey, running for soccer), progressive addition of resistance training.
- 3. Non-contact training drills
- 4. Full contact training
- 5. Game play.

ATHLETIC TRAINERS

Due to budget cuts, we will not have athletic training services this year.

AFTER SCHOOL...

No athletes should be staying after school unless it is coordinated with a teacher. Athletes should not be just gathering in the hallways waiting for practices.

DUAL PARTICIPATION

A one year trial for juniors and seniors who are looking to explore the unique opportunity to participate on two athletic teams within the same season.

Read through the information that is in the athletic handbook

SOCIAL MEDIA



Search for: Haverling Rams Athletics



@HaverlingRams

ATHLETIC CALENDAR ON YOUR PHONE



Activity Scheduler App for IOS and Android

SOCIAL MEDIA: ATHLETES/PARENTS

Social Media: Do's and Don'ts

DO stay positive when posting on social media. Putting a positive spin on disappointing situations shows good character.

DO NOT post anything you wouldn't want your parents, teachers or employer to see.

DO share those postgame selfies with your team. Say how the game went and show you're a team-first player.

DO NOT criticize coaches, teammates or opponents. Avoid airing out frustration when things don't go your way.

po make sure your social media presence reflects who you are in real life. Make sure people see you the way you want to be portrayed.

PARENT RESPONSIBILITIES

- Be the model of sportsmanship
- Observe the 24-hour rule when communicating with coaches
- Let the coaches coach, the players play, the officials officiate
- Be a positive spectator
- Please come out an support all Haverling teams this winter.

SPORTSMANSHIP

Be a Fan not a Fanatic!

- Remember to keep your cheering positive.
- Remember that no one is perfect. Players, coaches and officials will all make mistakes. Inappropriate comments being yelled out will not fix a mistake.
- We have a major shortage of officials. Not everyone likes to get yelled at for 90 minutes so please just let them do their job and focus on the positive aspects of our team.

THANKS FOR COMING

Good luck to all athletes this winter season!